Interview Guide for Packaging Engineers Checklist

About the Company:

	Research the company. Check out the employer's website, LinkedIn profile, and other social
	media channels.
	Read about their company, clients, products and services.
	Learn about how they see themselves and their company culture
	Dig into the job description and think about how your skills align with that of the position
About	t the Candidate (You):
	Practice your "About Me" Overview. Think about your top three professional strengths and
	form your overview around those.
	Don't only think about professional strengths, but who are you as a person and what values
	do you hold that make you a strong candidate?
	Come up with a list of materials, components, processes and technologies you have
	experience with
	Use the STAR technique. When preparing for the interview, have 3-4 projects that you can
	quickly talk about to showcase your experience.

- o Situation- give a concise explanation of the problem you were trying to solve.
- o Task- explain the specific challenges you faced in completing the task.
- o Action- give highlights on the action steps you took to get the job done.
- o Results- give a summary of the results you achieved.

About the Interview:

- ☐ Write down the questions you're likely to be asked, and practice saying your answers out loud.
 - O Why are you leaving your current job?
 - o What interests you about this position?
 - o What are your strengths and weaknesses?
 - o What experience do you have?
 - o What industries have you worked in?
 - o What materials do you have experience with?
 - What role did you play in the projects you've worked on?
 - o What's your greatest achievement?
 - o How do you handle stress?
 - o Why should we hire you?



	Find out the type of interview you'll be going on, such as one-on-one, group, or behavioral.			
	☐ Prepare several questions for the interviewer.			
	0	What are the biggest challenges the person in this position will face?		
	0	Can you describe a typical day or week in the position?		
	0	What would a successful first year in the position look like?		
	0	How will the success of the person in this position be measured?		
	0	What kind of packaging projects will I be exposed to?		
	0	What is the opportunity for expanding my expertise?		
	Under	rstand the type of employment this position entails. (project-based, on-side, remote)		
During	g the li	nterview:		
	Come	prepared and know where you're going. Print out and bring extra copies of your		
	resum	ne and a list of references.		
	☐ Bring a notepad and 2 pens so you're ready to complete paperwork or take notes.			
	I Bring the phone number of your interviewer in case you get lost or will be late.			
	Prepare your outfit. Dress one step above the atmosphere in the office.			
	Avoid	distractions. Mute your phone. Turn off alarms that may be on your watch. Leave		
	food,	cigarettes, and other items that aren't necessary for the interview in your car.		
	PACE	Yourself		
	0	Pause to think about the question		
	0	Acknowledge the question by saying something like "that's an interesting question"		
	0	Clarify the question if you aren't sure		
	0	Engage in an answer by giving your response		
After t	he Inte	erview:		
		v up with a thank you note to reiterate your interest in the job.		
Reme	ember:			
Tha a	mplovo	or almost cortainly thinks you're auglified for this role or they wouldn't be interviewing		

The employer almost certainly thinks you're qualified for this role or they wouldn't be interviewing you. The goal is to give a good interview that shows why you'd excel at the job and what you'd be like to work with every day. Be confident. Best of luck!

Adept Talent

Owned, operated and recruited by engineers, our team has placed hundreds of engineers, helping to build the packaging teams of some of the most iconic brand owners in the Food, Bev, CPG and Life Sciences industries. If you're looking to change job roles, or need assistance staffing the top talent, contact our talent team today!

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